



## **Il Tavolino now offers a great selection of local and Italian beer & wine!**

### **Coffee: We are proud to serve Fantini espresso imported from Italy!**

Espresso, Macchiato

Americano, Americano Misto, Cappuccino, Caffe Latte, Caffe Mocha, White Mocha, Vanilla Latte, Hazelnut Latte, Tea Latte (London Fog, Chai, Dirty Chai)

Affogato (gelato w/ espresso), Tea (8 varieties)

### **Panini**

the tuscan 10\$

prosciutto, tuscan ham, basil pesto, fontina cheese

the romano 10\$

chicken parmigiana w/ meat sauce, sautéed onions & fior di latte cheese

the meatball 10\$

house-made meatballs with sauce, provolone & parmigiano cheese

the vegetarian 10\$

grilled vegetables, provolone cheese, olive tapenade, red pepper mayo

the sicilian 10\$

capicollo, hot sopressata, salami, olive tapenade, red pepper mayo, provolone cheese

the spotlight panino \$10

changes every week. ask your server!

the frittata 6\$

egg frittata, man, swiss cheese, red peeps mayo

## **Pizza**

Toscana 15\$

Basil pesto, Cotto, Prosciutto, Fontina cheese, mozza, balsamic glaze

Polpetta 15.50\$

meat sauce, Il Tavolino meatballs, provolone, mozza, parmesan

Verdura 15\$

marinara sauce, grilled zucchini, roasted red pepper, provolone mozza

Margherita 14.50\$

marinara sauce, fior di latte mozza, basil

Calabrese 15\$

marinara, hot sopressata, capicollo, roasted red pepper. mozza

## **Meat Lasagna**

• Single serving 9.25\$

• Small Take-out 17.50\$

• Family size 29.00\$

• Party size (pre-order) 49.50\$

## **Meatballs**

2 Singles 3.10\$

10 meatballs w/ sauce 19.00\$

## **Gourmet Mac & Cheese**

Single 9.50\$

Small 18.00\$

Family Size (pre-order) 29.00\$

**Sauce-to-go** 1/2 litre 8.50\$

**Arancini** 7\$

risotto, meat ragu, mushrooms, mozza

## **Salads**

Caprese Tower 6.10\$

tomato, mozza, basil, garlic

Tomato Bruschetta 10\$

grilled bread, tomatoes, EV olive oil, basil

Tavolino Salad Sm: 6\$ Lg: 9\$ Add Chicken: 3.75\$

greens, tomato, cucumber, mozza

Florentine Chicken 13\$  
greens, rosemary chicken, tomato, black olives, mozza

Mediterranean Lentil 13\$  
greens, lentils, chick peas, green onion, black olives, lemon mint vinaigrette

**Soups**  
A different homemade soup every day! Ask your server!

**GELATO**  
16 flavours of house made gelato! Come try them all!



## *Friday Date Night Menu*

### *Antipasto*

Classic Tomato Bruschetta for Two (4 pieces)	9
Charcuterie platter for two	14

### *Pasta*

Fettucine Al Ragu Bolognese add 2 meatballs +3	16
Spaghetti Carbonara egg, guanciale, pecorino romano	18
Penne Alla Norcina sausage, porcini, cream	18
Penne Al Pesto Genovese add chicken +6	18
Fettucine Alla Boscaiola porcini, pancetta, tomatoes, olives	18

### *Secondo* (alternates weekly)

Rosemary Chicken in a White Wine Sauce	18
Mussels Marinara	20

### *Salads*

Classic Caesar	Starter 6	Main 14
romaine lettuce, croutons, shaved Grana, pancetta and homemade caesar dressing. add chicken +5		
Mediterranean	Starter 7	Main 15
romaine lettuce, tomatoes, green onions, cucumbers, red peppers, black olives, sun-kissed tomatoes, feta cheese, lemon balsamic dressing add chicken +5		
Caprese	Starter 6	Main 14
Fior di Latte Mozza, vine tomatoes, fresh basil, EVO on a bed of arugula		